

St.Vincent Carmel Hospital

GENERAL SUPPORT GROUPS (for pre and post op patients)

1 st Tuesday of month	7:00 - 8:30pm	Entrance 3	Suite 255
2 nd Tuesday of month	7:00 - 8:30pm	Entrance 3	Suite 255
4 th Wednesday of month	3:30 – 5:00pm	Entrance 3	Suite 255

GASTRIC BAND SUPPORT GROUP (for pre and post op patients)

1 st Wednesday of month	6:30 – 7:30pm	Entrance 4	Suite 168
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DUODENAL SWITCH GROUP (for pre and post op patients)

4 th Tuesday of month	6:30 – 7:30pm	Entrance 4	Suite 168
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ST. VINCENT CARMEL HOSPITAL SUPPORT GROUPS FOR POST OP PATIENTS ONLY

NEWBEE GROUP	(for patients 2 - 12 weeks post op)		
4 th Wednesday of month	6:30 - 7:30pm	Entrance 4	Suite 168

EXERCISE GROUP	(after clearance from surgeon)		
Every Thursday	6:00 – 7:00pm	Entrance 4	Suite 168

REFLECTIONS GROUP	(for patients from 3 months or more post op)		
4 th Thursday of month	7:00 – 8:30pm	Entrance 4	Suite 168

BARIATRIC COOKING	(for patients 6 months or more post op)		
1 st Thursday of month	7:00 - 8:30pm	Entrance 3	Suite 255